The Academic Success Center really helped me reduce my stress! My Academic Coach was one of few people on campus who really understood my struggle and could also provide insight and guidance simultaneously. I’m forever grateful for the studying and organization tips, the time taken to listen and talk through my problems, and the motivation given on their part.

Not only have they given great strategies, but they are also there for us.

My only regret is that I did not go the Academic Success Center sooner to have a better impact on my grades.

It’s great and [I] will definitely go next semester.

My coach was extremely understanding and willing to listen; she never made me feel I had done something wrong.

I learned new, effective ways to study that I hadn’t thought of before. I felt more motivated. I also felt a lot less stress.

The Academic Success Center made me aware of many resources and strategies that helped me study and improved my grades.

The Academic Success Center services have had on the following areas:

- Course Grades
- Self-confidence
- Stress Reduction
- Study Strategies
- Motivation
- Organizational Skills
- Your knowledge about campus resources

Please indicate your level of satisfaction with Academic Coaching:

- Extremely helpful
- Very helpful
- Moderately helpful
- Slightly helpful
- Not at all helpful

What are students saying about the ASC...

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