

Test post-mortem

Name _____ Class _____ Test _____

- What grade did you make on this test? _____ What did you expect to make? _____
- Is this test an accurate reflection of your knowledge? ___ Yes ___ No
 - Why? _____

- What factors led to the grade you made? Respond to each statement below.
 - a) I spent enough time preparing for this test. ___ Yes ___ No
 - How much time did you spend studying? _____
 - In what ways did you study? _____

 - What was your study environment? _____

 - b) I studied over several days instead of cramming. ___ Yes ___ No
 - How many days and how many hours on each of those days? _____
 - c) I study the correct material. ___ Yes ___ No
 - If no, what should you have studied that you didn't? _____

 - d) I had enough information about the test to prepare properly. ___ Yes ___ No
 - If no, what additional information did you need? _____

 - e) I can do well on this type of test. ___ Yes ___ No
 - I can do well because _____

 - If no, describe a better testing circumstance for you. _____

 - f) I feel that the material was adequately covered in class. ___ Yes ___ No

- If no, what material needed to be covered more thoroughly? _____

g) Was there a practice test available for this test? ___Yes ___No

- Did you take the practice test? ___Yes ___No
- If no, why not? _____

h) My class attendance was adequate to get the needed information. ___Yes ___No

- If not, why did you miss class? _____

- How often did you miss class? _____

i) I feel that test anxiety prevented me from doing my best. ___Yes ___No

- If yes, in what ways did that anxiety show up for you? _____

- How can this problem be prevented or reduced in the future? _____

- What have you tried in the past to help with test anxiety? _____

• I think that my grade was based on luck rather than on my ability. ___Yes ___No

- I think it was luck because _____

• If you had the option of retaking this test:

- What would you do differently? _____

- What would you do the same? _____

